

**NASW-NJ**  
**Veterans Resource Manual**  
**for Social Workers**



**PROVIDED AS A PUBLIC SERVICE TO  
SOCIAL WORK PROFESSIONALS AND THE GENERAL PUBLIC**

**MARLENE COOPER, PRESIDENT  
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## INTRODUCTION

Many of us are connected to someone who has served or is currently serving in the military. With approximately 1.6 million Americans having served in Iraq and Afghanistan so far, the chance that your clients may be veterans is fairly high. You will encounter veterans in many areas of your practice: hospitals, substance use treatment, shelters, one-on-one counseling, counseling with their spouse/partner, and when working with families.

For those of us who are civilians, it can be tricky to navigate the system, understand military terms, and direct someone to the variety of services that exist for veterans. We hope that this guide can make that process easier, so you can connect your clients with the services they deserve.

The staggering number of Americans who have served in the military points to a high probability of trauma and mental health issues. Many soldiers and veterans are displaying mental health issues including depression, substance abuse, anxiety and Post-Traumatic Stress Disorder (PTSD). Within families, we see domestic violence, financial hardship and unemployment. With prolonged periods of combat -- many women and men serve three to four tours of extended duty -- this generation of soldiers have faced and continue to face mental health issues that can take months or years to progress. This is also true for veterans of past wars who are still suffering from both mental and physical battle scars; these can take decades to surface and it can be even longer for veterans to open up to others about their combat experiences. Often times, help comes too late and suicide rates are high.

In the past, women primarily served in non-combat roles in the military; however, today women are often serving on the front lines. This means that some services may need to be tailored specifically to women, to address issues such as family relations, parenting, and unfortunately military sexual trauma at the hands of their fellow soldiers.

There is no doubt that seeking mental health services still remains a stigma in the military culture. It is our charge as social workers to educate ourselves on how we can best serve those affected directly and indirectly by war. NASW-NJ and the Military and Veterans Special Interest Group (SIG) encourage you to keep this manual handy at your desk, so you can utilize it regularly for referring clients and for educating yourself. There are also plenty of other ways that you can help veterans, including:

- Attending more trainings and workshops pertaining to the military
- Volunteer in the NASW-endorsed Give-An-Hour counseling program ([www.giveanhour.org](http://www.giveanhour.org))
- Place veteran information in your office -- magnets, booklets, resources
- Add the veteran question to your intake forms
- Join our Military and Veterans SIG, to keep updated on resources and projects. To join, send an e-mail to Kendra at [Khayes@naswnj.org](mailto:Khayes@naswnj.org).

Remember, the most fundamental question that all social workers need to ask of their clients is: "Have you or any member of your family served in the military?"

Thank you,  
Suzanne Herrmann, LCSW  
Nancy Hunter, LSW  
NASW-NJ Military and Veterans SIG Chairs

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## War Era Service Dates

World War I	April 6, 1917 - November 11, 1918
World War II	September 16, 1940 – December 31, 1946
Korea	June 23, 1950 – January 31, 1955
Vietnam	December 31, 1960 – May 7, 1975
Lebanon Crisis	July 1, 1958 – November 1, 1958*
Lebanon	September 26, 1982 – December 1, 1987*
Grenada	October 23, 1983 – November 21, 1983*
Panama	December 20, 1989 – January 31, 1990*
Persian Gulf	August 2, 1990 – February 28, 1991*
Somalia	December 5, 1992 – March 31, 1994*
Bosnia & Herzegovina	November 20, 1995 – June 20, 1998*
	Operations Joint Endeavor/Joint Guard
Haiti	September 19, 1994 – March 31, 1995*
Operation Enduring Freedom	On or after September 11, 2001* - Present
Operation Iraqi Freedom	March 19, 2003 – Present*

\* Must have served at least 14 days (one day if deployment results in injury) in a combat zone. Combat zone qualification is most frequently indicated by an Armed Forces Expeditionary Medal.

## Military Branches

The U.S. Military consists of five active-duty Services and their respective Guard and Reserve units. All branches are equal parts of the United States Uniformed Services, headed by the President as Commander-in-Chief. The Army, Marine Corps, Navy and Air Force fall under the jurisdiction of the Department of Defense (DoD). The Coast Guard reports to the Department of Homeland Security during peacetime and to the DoD (by way of the Navy) during wartime.

Reserve and National Guard units perform as active-duty service members on a part-time basis. These troops train close to home, deploying when needed to aid in international conflict or domestic disaster relief.

Please see this website for specific requirements and information on each military branch:

<http://www.todaysmilitary.com/service-branches>

## Military Terms/Jargon

A comprehensive listing of definitions for military terms and acronyms can be found at [www.milterms.com](http://www.milterms.com).

## Support and Assistance for Military and Veteran Families

### **Turbo TAP (Transition Assistance Program):**

Turbo TAP is an easy to use, interactive Web portal that provides life-long support to separating military service members (Active Duty, National Guard and Reserve) and their families. It is a single source starting point for accessing resources available for service members transitioning out of military at any point in their military career.

Resources include the Department of Defense, Department of Labor, Department of Veterans Affairs, Department of Education, Small Business Administration, the National Veteran's Corporation and the National Guard Bureau.

[www.TurboTAP.org](http://www.TurboTAP.org)

[TAPHelp@military-inc.com](mailto:TAPHelp@military-inc.com)

### **Military OneSource:**

Military OneSource is incredibly extensive and can help 24 hours a day, seven days a week. Military OneSource supplements existing installation services. It provides free help and information, by phone with a professionally trained consultant or online, on a wide range of issues that affect soldiers and their families. These issues include budgeting and investing, educational opportunities, entertainment, children's programs, relationships and deployment. It is available 24 hours a day, 365 days a year. Categories include:

Body	Money
Career/Employment	Moving
Crisis	Parenting/Special Programs for Children
Deployment	Children
Education	Recreation
Elder Care	Relationship
Guard/Reserve	Severely Injured
Legal	Special Needs
Mind	Transition

This site also offers links to programs specific to Army, Marine Corps, and Navy families, as well as Marine Corps Community and Community Podcasts, Webinars, Discussion Boards and Chats.

[www.militaryonesource.com](http://www.militaryonesource.com)

1-800-342-9647

### **Army Information Line:**

The Army Information Line is designed to help soldiers and their families whether they are deployed, stationed stateside or overseas, are brand new to the army, or are Veterans over the age of 30. For more information call 1-800-833-6622.

### **Army Family Team Building (AFTB)**

Parents unfamiliar with the military are often overwhelmed by the lack of information available to them, and the language can even be foreign to them. The Army Family Team Building program is a way to connect parents to the military way of life one class at a time.

[www.myarmylifetoo.com](http://www.myarmylifetoo.com)

### **Army Reserve Family Programs (Online)**

The Army Reserve Family Program is designed to improve support for soldiers and their families during military separation. Soldiers have an obligation to ensure their families are prepared to endure an extended separation. Preparation and planning prior to mobilization is the necessary first step that must be taken to ensure family members have the resources to endure the separation.

[www.arfp.org](http://www.arfp.org)

### **Displaced Homemaker Centers**

The Displaced Homemaker Centers provide job counseling and other supportive services, including money management for women who have been dependent on income of another household member, but due to the death, disablement, or divorce of their spouses must now support themselves. For referral information on available programs specific to a particular issue or concern, contact the Women Referral Central or go online to the Department of Community Affairs, Division of Women at [www.state.nj.us/dca/dow/dhc.shtml](http://www.state.nj.us/dca/dow/dhc.shtml) or call 1-800-322-8092, 24 hours a day, 7 days a week.

## **U.S. Department of Veteran's Affairs**

### **New Jersey Vet Centers**

Vet Centers provide individual, group and family counseling to all veterans who served in any combat zone. Vet Centers are staffed by small multi-disciplinary teams of dedicated providers, many of whom are combat veterans themselves. Services are also available for family members. Care includes professional readjustment counseling, community education, outreach to special populations, the brokering of services with community agencies and provides a key access link between the veteran and other services in the U.S. Department of Veterans Affairs. Veterans are entitled to these benefits through their combat service and there is no cost to the veteran or family. Vet Centers understand and appreciate veterans' war experiences while assisting them and their family members with successful post-war adjustment. See below for locations or go here: <http://tinyurl.com/NJVetCenters>

<b>Bloomfield Vet Center</b> 2 Broad St. Suite 703 Bloomfield, NJ 07003 Phone: (973) 748-0980 Fax: (973) 743-0380	<b>Trenton Vet Center</b> 934 Parkway Ave. 2 <sup>nd</sup> Floor Ewing, NJ 08618 Phone: (609) 882-5744 Fax: (609) 882-5743
<b>Lakewood Vet Center</b> 1255 Route 70, Unit 32N, Parkway Seventy Plaza Phone: (732) 905-0327 Fax: (732) 905-0329	<b>Ventnor Vet Center</b> 6601 Ventnor Ave. Suite 105, Ventnor Bldg. Ventnor, NJ 08406 Phone: (609) 487-8387 Fax: (609) 487-8910
<b>Secaucus Vet Center</b> 110 Meadowlands Pkwy, 1 <sup>st</sup> Floor Secaucus, NJ 07094 Phone: (201) 223-7787 Fax: (201) 223-7707	

## New Jersey Department of Military and Veterans Affairs

### Veterans Service Offices

<p><b>Asbury Park</b> 07712-6904 630 Bangs Ave., Suite 320 (732) 775-7009 or -7005</p>	<p><b>Jersey City</b> 07306-3158 438 Summit Ave., 3<sup>rd</sup> Floor (201) 798-7040 or -7051 or -7026</p>
<p><b>Atlantic City</b> 08401-6901 1008 Absecon Blvd. Phone: (609) 441-3899 Fax: (609) 441-3899</p>	<p><b>Mt. Holly</b> 08060 555 High St. Suite 6A (609) 518-2273 or -2274</p>
<p><b>Brick</b> 08724-3550 970 Route 70 (732) 840-3033 or -3034</p>	<p><b>Newark</b> 07102-3174 20 Washington Place (973) 297-3230</p>
<p><b>Elizabeth</b> 07201-1053 1196 Chestnut St. (908) 820-3133 or -3134</p>	<p><b>Vineland</b> 08360-2895 524 Northwest Blvd. NJ Veterans Memorial Home (856) 696-6452 or -6445 or -6451</p>
<p><b>Hackensack</b> 07601-5427 125 State St., Suite 109 (201) 996-8050 or -8051</p>	

### New Jersey County Veterans Service Offices

<p><b>Atlantic</b> Atlantic County office of Veterans Affairs 6601 Ventnor Ave., Suite 307 Ventnor, NJ 08406 (609) 487-6932</p>	<p><b>Middlesex</b> Dept. of Human Services Middlesex County Administration Building John F. Kennedy Square, 5th Floor New Brunswick NJ 08901 (732) 745-4051</p>
<p><b>Bergen</b> Division of Veterans Services 1 Bergen County Plaza, 2<sup>nd</sup> Floor Hackensack, NJ 07601 (201) 336-6325, 6328, 6329, 6326, 7406</p>	<p><b>Monmouth</b> Interment Office PO Box 3000, Kozloski Road Freehold NJ 07728 (732) 308-2988</p>
<p><b>Burlington</b> Dept. of Veterans Affairs 795 Woodlane Road Human Services Building Mt. Holly, NJ 08060 (609) 265-5008, 5154</p>	<p><b>Morris</b> County Dept. of Human Services Veterans Services 340 W. Hanover Avenue Morris Township NJ 07960-2777 (973) 285-6868</p>

<p><b>Camden</b>  Department of Veterans Affairs  PO Box 1535  3 Collier Drive  Blackwood NJ 08012  (856) 374-5801</p>	<p><b>Ocean</b>  Veterans Service Bureau  1027 Hooper Avenue, Building 2  PO Box 2191  Toms River NJ 08754-2191  (732) 929-2096</p>
<p><b>Cape May</b>  Veterans Bureau  4005 Rt. 9 South  Rio Grande, NJ 08242  (609) 886-2762</p>	<p><b>Passaic</b>  Veterans Service Office  930 Riverview Drive, Suite 200  Totowa, NJ 07512  (973) 569-4090</p>
<p><b>Cumberland</b>  Veterans' Commission &amp; Veterans Interment  99 West Broad Street  Bridgeton, NJ 08302  (856) 459-3071</p>	<p><b>Salem</b>  Veterans Service Office  92 Market Street  Salem NJ 08079  (856) 339-8603</p>
<p><b>Essex</b>  Veterans Bureau  50 South Clinton St., Suite 3200  East Orange, NJ 07018  (973) 395-8394</p>	<p><b>Somerset</b>  Department of Veterans  Services  92 E. Main Street  Somerville NJ 08876  (908) 704-6329</p>
<p><b>Gloucester</b>  Office of Veterans Affairs  211 County House Rd.  Washington Twp  Sewell, NJ 08080  (856) 401-7660</p>	<p><b>Sussex</b>  Interment Officer  P.O. Box 844  Stanhope NJ 07874  (973) 347-8333</p>
<p><b>Hudson</b>  County of Hudson - Veterans Affairs  257 Cornelison Avenue, Room 2501  Jersey City, NJ 07302  (201) 369-3430  Fax (201) 369-3431</p>	<p><b>Union</b>  Office of Veterans Affairs  Union County Administration Building  3rd Floor  10 Elizabethtown Plaza  Elizabeth NJ 07207  (908) 659-7407</p>
<p><b>Mercer</b>  Department of Veterans  Affairs  2280 Hamilton Avenue  Hamilton NJ 08619  (609) 989-6120</p>	<p><b>Warren</b>  Interment Officer  8 Hughes Lane  Belvidere NJ 07823  (908) 475-2413</p>

## **New Jersey National Guard Family Assistance Centers**

Information can be found on all New Jersey National Guard Family Assistance Centers by calling (888) 859-0352 or browsing through <http://www.state.nj.us/military/familysupport/links.html>

### **Housing Information**

#### **Low Income Home Energy Assistance Program (LIHEAP) And Universal Service Fund (USF)**

The Low Income Home Energy Assistance Program (LIHEAP) is designed to help low-income families/individuals meet home heating and medically necessary cooling costs. The application period is November 1<sup>st</sup> - April 30<sup>th</sup>. To apply for LIHEAP, contact the authorized local community action agency in your area. For persons age 60 or over, or who are disabled, applications may be received and returned by mail.

To be eligible for LIHEAP benefits, the applicant household must be responsible for home heating or cooling costs, either directly or included in the rent; and have gross income at or below 225% of the federal poverty level. Persons who live in public housing and/or receive rental assistance are not eligible unless they pay for their own heating/cooling costs directly to the fuel supplier. The amount of the LIHEAP heating benefit is determined by income, household size, fuel type, and heating region.

The LIHEAP application is also an application for the Universal Service Fund (USF) Program (you apply for both energy assistance programs at the same time). USF is a program created by the NJ Board of Public Utilities to help make natural gas and electric bills more affordable for low-income households. To be eligible, a household must meet the same income guidelines as LIHEAP and pay more than 3% of its annual gross income for electric, or more than 3% for natural gas. If a household has electric heat, it must spend more than 6% of its annual gross income on electricity to be eligible. Income eligibility for USF is at or below 175% of poverty. Call 1-866-240-1347.

For further information on LIHEAP, call 800-510-3102 or see: [www.energyassistance.nj.gov](http://www.energyassistance.nj.gov)

#### **Homelessness Prevention Program- toll free number is (866) 889-6270**

This service provides limited financial assistance to low and moderate income tenants and homeowners in imminent danger of eviction or foreclosure due to temporary financial problems beyond their control. Funds are used to disburse payments in the forms of loans and grants to landlords and mortgage companies on behalf of eligible households in danger of homelessness.

#### **Vetwork, A Program of Vetgroup, Inc.**

103 N. Main Street

Forked River, New Jersey 08731

Phone: (877) 971-7613

Fax: (609) 971-7451

Homeless Veteran Services include emergency shelter, food, transportation to the appropriate VA facility for medical and inpatient treatment programs, screening and admittance into a VADOM (work study program), readjustment counseling for combat and war veterans and substance abuse referral and admittance to detox and rehab facilities.

## **Housing Discrimination**

For information on, or to file a housing discrimination complain in New Jersey contact New Jersey Department of Law and Public Safety's Division on Civil Rights. The Division on Civil Rights maintains the following five regional offices:

Fair Housing Information Hotline: 1-800-390-4845

### Atlantic City Satellite Office

26 Pennsylvania Avenue  
Atlantic City, NJ 08401  
Telephone: 609-441-3100  
Fax: 609-441-3578

### Camden Regional Office

2 Riverside Dr., Suite 402  
Camden, NJ 08103  
Phone: (856) 614-2550  
Fax: (856) 614-2568  
TDD: (609) 757-2958

### Newark Regional Office

31 Clinton St., P.O. Box 46001  
Newark, NJ 07102  
Phone: (973) 648-2700  
Fax: (973) 648-4405  
TDD: (973) 648-4678

### Paterson Regional Office

100 Hamilton Plaza  
Paterson, NJ 07501  
Phone: (973) 977-4500  
Fax: (973) 977-4511  
TDD: (973) 977-1955

### Trenton Regional Office

140 East Front Street, P.O. Box 090  
Trenton, NJ 08625-0090  
Phone: (609) 292-4605  
Fax: (609) 984-3812  
TDD: (609) 292-1785

### **To file a housing discrimination complaint with the federal government contact:**

Fair Housing Enforcement Center  
U.S. Department of Housing and Urban Development  
26 Federal Plaza, Room 3532  
New York, NY 10278-0068  
Phone: (212) 542-7519 or 1-800-496-4294, TTY: (212) 264-0927

## Home Loans

### **VA Guaranteed Home Loan**

Veterans can apply for a VA loan with any mortgage lender that participates in the VA home loan program. Veterans are exempt from down payments.

The loan is made by a lender, such as a mortgage company, savings and loan company or bank. VA's guarantee on the loan protects the lender against loss if the payments are not made and it is intended to encourage lenders to offer veterans loans with more favorable terms. The amount of guaranty on the loan depends on the loan amount and whether the veteran used some entitlement previously. With the current maximum guarantee, a veteran who hasn't previously used the benefit may be able to obtain a VA loan up to \$240,000 depending on the borrower's income level and the appraised value of the property. The local VA office can provide more details on guaranty and entitlement amounts.

<http://www.homeloans.va.gov>

(888) 244-6711

## Women's Assistance Programs

### **Health Care for Women:**

Many VA hospitals have VA Women Veterans Health Centers whose services include gynecology, sexual trauma, counseling, mammography screening, and transition assistance programs for women separating from the armed forces.

[www.va.gov/womenvet](http://www.va.gov/womenvet)

Center for Women Veterans

(202) 273-6193 or DAV at (800) 827-1000

Women Health Issues

(973) 676-1000 ext. 1695

VA Mammography Hotline

(888) 492-7844

Note\*\*\*Combat Veterans Healthcare eligibility has been extended to 5 years by the National Defense Act of 2008 for veterans who served in a theater of combat operations after November 11, 1998.

### **Women's Referral Central**

Provides information/referrals to women in New Jersey through a statewide toll-free hotline. The Hotline provides information/referrals in areas such as discrimination, housing, displaced homemakers, divorce, violence, and other areas. The hotline is accessible 24-hours a day, seven days a week.

Women's Referral Central Hotline: 1-800-322-8092

### **Deployed Military Spouses' Assistance Program**

Provides assistance to spouses of deployed military personnel (Active duty, Reserve, and National Guard) through direct financial assistance payments and/or referrals to existing program services. This program is an emergency measure to alleviate financial and emotional stress to spouses due to deployment. For additional information about this program, contact:

Women's Opportunity Center/Burlington County YMCA  
59 Centerton Road  
Mount Laurel, NJ 08054  
Attn: Fawn Mutschler  
Phone: (609) 543-6200 Ext. 325  
Fax: (856) 234-6560  
E-mail: [womilitarygrant@ymca-bc.org](mailto:womilitarygrant@ymca-bc.org)

### **Military Sexual Trauma (MST)**

The VA NJ Healthcare System provides services for anyone who is experiencing the aftereffects of sexual harassment or assault that occurred while they were in the military. MST offers individual or group psychotherapy at both the East Orange and Lyons facilities as well as through some of the Vet Centers. The MST program also offers a short-term residential treatment program at the Lyons facility. Treatment is provided at no cost to the veteran.

For additional information contact the clinical director:  
Women's Trauma Unit/Military Sexual Coordinator  
(908) 647-0180 ext. 5896

## **The Statewide Domestic Violence Hotline**

**1-800-572-SAFE**

### **Domestic Violence Shelters and Rape Crisis Centers**

Provides a statewide 24-hour, seven day a week domestic violence hotline to serve domestic violence victims and others seeking information about domestic violence. The Hotline provides bilingual service and is accessible to the hearing impaired.

The New Jersey Coalition for Battered Women has a comprehensive website of information, county shelter programs, and resources: [www.njcbw.org](http://www.njcbw.org)

The New Jersey Coalition Against Sexual Assault website is here: <http://www.njcasa.org/home.htm>

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## **Employment and Training Services**

### **Uniformed Services Employment and Reemployment Rights Act (USERRA)**

USERRA replaced the Veterans' Reemployment Rights (VRR). USERRA guarantees reemployed persons pension plan benefits that accrued during military service, regardless of whether the plan is a defined benefit plan or a defined contribution plan.

USERRA provides health benefits continuation for service members and their families during military service for up to 18 months.

**Eligibility** – The Act applies to persons who perform duty, voluntarily or involuntarily, in the Army, Navy, Marine Corps, Air Force, Coast Guard, or Public Health Service commissioned corps, as well as the reserves of each. Federal training or service in the Army National guard and Air National Guard is also included. Uniformed service includes active duty, active duty for training, inactive duty training (such as drills), and initial active duty training. USERRA covers all employees except those serving in positions where there is “no reasonable expectation that employment will continue indefinitely or for a significant period” i.e. seasonal work.

**Basic Provisions/Requirements** - Service members returning from a period of service in the uniformed services must meet five eligibility criteria to be covered by USERRA

1. The person must have held a civilian job
2. The person must have given notice to the employer that he or she was leaving the job for service in the uniformed services
3. The period of service must not have exceeded five years
4. The person must have been released from service under honorable conditions
5. The person must have reported back to the civilian job in a timely manner or have submitted a timely application for reemployment. USERRA establishes a five year cumulative total on military service with a single employer, with certain exceptions allowed for call-ups

## **Education and Grants**

### **Operation Recognition: High School Diplomas for Veterans:**

The New Jersey Department of Veterans Affairs (DMAVA) and the Department of Education jointly launched a program to honor WWII era veterans who left school to join the military and never received a high school diploma. The program will award a state endorsed high school diploma to any New Jersey veteran who left a New Jersey high school to enter a military service during WWII and Korea and Vietnam conflicts. All branches of service are eligible. Veterans who have since earned a GED are still eligible. Diplomas may also be issued posthumously. Surviving family members of eligible veterans are encouraged to apply.

Send your request to:

Operation Recognition, New Jersey Department of Military & Veterans Affairs

P.O. Box 340

Trenton, NJ 08625-0340.

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**(Operation Recognition cont.)**

The office also approves and supervises programs for the G.I. bill for use in colleges, non-college degree programs, apprenticeship, on-the job training, flight and correspondence schools. For more information call (609) 530-6849.

**War Orphans Tuition Assistance**

Children of those service personnel who died while in the military or due to service connected disabilities, or who are officially listed as missing in action by the U.S. Dept. of Defense may claim \$500 per year for four years of college or equivalent training. To qualify, the child must be a resident of New Jersey for at least one year immediately preceding the filing of the application and between the ages of 16 and 21 at the time of application. The veteran must have been a state resident upon enlistment.

**Vietnam Veterans Tuition Credit Program**

The Veterans Tuition Credit Program provides additional education benefits to veterans eligible for federally funded education programs and who served on active duty from December 31, 1960 to May 7, 1975 and who were legal residents of New Jersey at the time of induction into the Armed Forces or at the time of discharge from active service or for a period no less than one year prior to making application. The amount of the award is \$400 annually or \$200 per semester for full time attendance and \$100 per semester for part-time. For further information call New Jersey Department of Military and Veterans Affairs at (609) 530-6876. Deadlines for applying are October 1 and March 1 each year.

**New Jersey National Guard Tuition (Waiver) Program**

A member of the New Jersey National Guard shall be permitted to attend regularly scheduled courses at any of the thirty one public institutions of higher education in the state of New Jersey and receive up to 15 credit hours per semester of free tuition. Contact the Financial Aid Office prior to registration for the college's policies and procedures in administering NJNGTP. This is a tuition waiver program, institutions are not reimbursed. All other costs are the responsibility of the student.

(609) 562-0654

[www.state.nj.us/military/education](http://www.state.nj.us/military/education)

**Education Benefits for Current New Jersey Guardsmen**

This tuition assistance program pays up to \$250 per credit hour to a maximum of \$4,500 per fiscal year for tuition costs at any accredited school, that is not a state school. The tuition assistance cannot be used together with any other federal program such as the G.I. Bill.

## Health Care Information

**Note\*: Combat Veteran Healthcare eligibility has been extended to 5 years by the National Defense Act of 2008 for veterans who served in a theater of combat operations after November 11, 1998.**

### Medical Assistance

For eligibility and additional information call toll free  
877-222-8387  
or [www.va.gov/healtheligibility](http://www.va.gov/healtheligibility)

### VA Medical Centers

Cape May VA Outpatient Clinic (609) 898-8700	Newark Community Clinic (973) 645-1441
East Orange 385 Tremont (973) 676-1000	New Brunswick Community Clinic 317 George St. (732) 729-0646
Elizabeth Community Clinic 654 East Jersey St., Suite 2A (908) 994-0120	Paterson Community Clinic (973) 247-1666
Fort Monmouth Clinic Paterson Army Clinic, Bldg. 1075 (732) 532-4500	Trenton Community Clinic 171 Jersey St., Bldg 36 (609) 989-2355
Hackensack Community Clinic 385 Prospect Ave. (201) 487-1390	VA Clinic Vineland 1051 W. Sherman Ave Bldg. 3 Unit B (856) 692-1588
James J Howard Community Clinic Brick, NJ (732) 206-8900	VA Outpatient Clinic Ft. Dix (609) 562-2999
Lyons Campus 151 Knollcroft Rd. (908) 647-0180	Veterans Health Clinic Gloucester (856) 401-7665
Morristown Community Clinic 340 West Hanover Ave. (973) 539-9791	Veterans Health Clinic Ventnor (609) 823-3122

## Community Based Outpatient Clinics (CBOC)-Primary Medical Facilities

<p>Cape May VA Outpatient Clinic 1 Monroe Ave. Cape May, NJ 08204 Phone: (609) 898-8700</p>	<p>Newark CBOC 20 Washington Pl. Newark, NJ 07102 Phone: (973) 645-1441</p>
<p>Elizabeth CBOC 654 East Jersey Street, Suite 2A Elizabeth, NJ 07206 Phone: (908) 994-0120</p>	<p>Paterson CBOC 275 Getty Ave. St. Joseph's Hospital &amp; Medical Center Paterson, NJ 07502 Phone: (973) 247-1666</p>
<p>Ft. Monmouth Community Clinic Paterson Army Health Clinic, Bldg. 1075 Stephenson Ave. Fort Monmouth, NJ 07703 Phone: (732) 532-4500</p>	<p>Trenton CBOC 171 Jersey St. Bldg. 36 Trenton, NJ 08611 Phone: (609) 989-2355</p>
<p>Fort Dix, NJ Outpatient Clinic 8<sup>th</sup> &amp; Alabama Ft. Dix, NJ 08640 Phone: (609) 562-2999</p>	<p>VA Clinic NJ Veterans Memorial Home Northwest Boulevard Vineland, NJ 08360 Phone: (856) 692-1588</p>
<p>Hackensack CBOC 385 Prospect Ave. Hackensack, NJ 07601 Phone: (201) 487-1390</p>	<p>Ventnor VA Health Clinic 6601 Ventnor Ave., Suite 406 Ventnor, NJ 08406 Phone: (609) 823-3122</p>
<p>James J. Howard CBOC 970 Rt. 70 Brick, NJ 08724 Phone: (732) 206-8900</p>	<p>Veteran's Health Clinic at Gloucester County 211 County House Road Sewell, NJ 08080 Phone: (856) 401-7665</p>
<p>Morristown CBOC 240 West Hanover Ave. Morristown, NJ 07960 Phone: (973) 539-9791 or 9794</p>	<p>Vineland Clinic 1051 West Sherman Ave. Vineland, NJ 08360 Phone: (856) 692-2881</p>
<p>New Brunswick CBOC 317 George St. New Brunswick, NJ 08901 Phone: (732) 729-0646 or 9555</p>	

**NJ Veterans Helpline Program** serves as a contractor for the VA to refer veterans for mental health counseling to 10 separate locations.

NJ Veterans Helpline Program  
151 Centennial Ave.  
Piscataway, NJ 08854  
1-866-838-7654

### **Rocking Horse Rehab**

Rocking Horse Rehab is a private rehabilitation and family wellness center. It is the only center in the U.S. to offer a unique combination of services, including Equine Assisted Therapies, traditional speech, physical, occupational therapy and other alternative therapeutic programs. Individual/groups.

West Orange, NJ  
(973) 731-8588

[www.rockinghorserehab.com](http://www.rockinghorserehab.com)

### **Atlantic Riding Center for the Handicapped**

The Atlantic Riding Center for the Handicapped is dedicated to improving the quality of life of those with disabilities through therapeutic horseback riding. The Atlantic Riding Center is part of the North American Riding for the Handicapped Association for the Heroes program that is specifically designed for the special needs of veterans of all ages.

Egg Harbor Township, NJ  
(609) 926-2233

[www.arch206.org](http://www.arch206.org)

### **County Alcohol and Drug Abuse Offices**

<b>Atlantic</b> Atlantic Co. Dept. of Human Services Division of Public Health 201 South Shore Rd. Northfield, NJ 08225 Phone: (609) 645-5932 Fax: (609) 645-5890	<b>Essex</b> Essex Cty. Div. Of Community Health Svces Office of Alcoholism & Drug Abuse 50 South Clinton Ave., Suite 4301 East Orange, NJ 07018 Phone: (973) 395-8455 Fax: (973) 395-8437
<b>Bergen</b> Bergen Co. Dept. of Health Services 327 E. Ridgewood Ave. Paramus, NJ 07652 Phone: (201) 634-2693 Fax: (201) 634-3002	<b>Gloucester</b> Gloucester Co. Health & Senior Services County Addiction Services, PO Box 337 Woodbury, NJ 08096 Phone: (856) 384-6886 Fax: (856) 384-0207
<b>Burlington</b> County of Burlington, Office of Human Svces 795 Woodlane Rd., P.O. Box 6000 Westampton, NJ 08060 Phone: (609) 265-5530 Fax: (609) 702-7070	<b>Hudson</b> Hudson Cty. Dept. of Health and Human Svces 595 County Ave. Bldg. 2 Secaucus, NJ 07094 Phone: (201) 271-4310 Fax: (201) 271-4365

<p><b>Camden</b> Camden County Alcohol and Drug Abuse Services 2600 Mt. Ephraim Ave. Suite 405 Camden, NJ 08104 Phone: (856) 225-5072 Fax: (856) 225-5166</p>	<p><b>Hunterdon</b> County of Hunterdon Dept. of Human Services PO Box 2900 Flemington, NJ 08822 Phone: (908) 788-1372 Fax: (908) 806-4204</p>
<p><b>Cape May</b> Cape May County Dept. of Human Services 4 Moore Rd. DN907 Cape May Court House, NJ 08210 Phone: (609) 465-1055 Fax: (609) 465-4639</p>	<p><b>Warren</b> Warren County Dept. of Human Services Cummins Bldg. 202 Mansfield St. Belvidere, NJ 07823 Phone: (908) 475-6080 Fax: (908) 475-6206</p>
<p><b>Cumberland</b> Cumberland Co. Alcohol/Drug Abuse Services County of Cumberland Dept. of Human Services 72 N. Pearl St. Bridgeton, NJ 08302 Phone: (856) 451-3727 Fax: (856) 455-9706</p>	

**Division of Addiction Services (DAS)**

**Licensed Outpatient Treatment Providers by County**

**County Mental Health Administrators**

<p><b>Atlantic</b> 101 South Shore Road Northfield, NJ 08225 Phone: (609) 645-7700 ext. 4307 Fax: (609) 645-5809</p>	<p><b>Middlesex</b> Dept. of Human Services JFK Square, 5<sup>th</sup> Floor New Brunswick, NJ 08901 Phone: (732) 745-4518 Fax: (732) 246-5644</p>
<p><b>Bergen</b> County Administration Bldg. 327 E. Ridgewood Ave. Paramus, NJ 07652 Phone: (201) 634-2751 Fax: (201) 634-3004</p>	<p><b>Monmouth</b> DHS Building Kozloski Rd. P.O. Box 3000 Freehold, NJ 07728 Phone: (732) 431-7200 Fax: (732) 308-3700</p>

<p><b>Burlington</b>  795 Woodlane Rd.  P.O. Box 6000  Mt. Holly, NJ 08060  Phone: (609) 265-5545  Fax: (609) 265-5382</p>	<p><b>Morris</b>  Dept. of Human Services  30 Schuyler Pl.  CN 900  Morristown, NJ 07960  Phone: (973) 285-6852  Fax: (973) 285-6713</p>
<p><b>Camden</b>  CPAC/HSC  6981 No. Park Dr. E. Suite 309-310  Pennsauken, NJ 08109  Phone: (856) 663-3998  Fax: (856) 663-7182</p>	<p><b>Ocean</b>  Dept. of Human Services  1027 Hooper Av. Bldg 2  P.O. Box 2191  Toms River, NJ 08754  Phone: (732) 506-5374  Fax: (732) 341-4539</p>
<p><b>Cape May</b>  Cape May Courthouse  4 Moore Rd.  DN 907  Cape May Court House, NJ 08210  Phone: (609) 465-1055  Fax: (609) 465-4639</p>	<p><b>Passaic</b>  Mental Health Dept.  401 Grand St. 5<sup>th</sup> Floor  Patterson, NJ 07503  Phone: (973) 881-4278  Fax: (973) 881-2733</p>
<p><b>Cumberland</b>  County Administration Bldg. Dept. of Health  590 Shiloh Pike  Bridgeton, NJ 08302  Phone: (856) 453-7804  Fax: (856) 455-8842</p>	<p><b>Salem</b>  Salem Co. Mental Health Board  94 Market St.  Salem, NJ 08079  Phone: (856) 339-8618  Fax: (856) 935-1234</p>
<p><b>Essex</b>  Essex Co. Dept. of Health  204 Grove Ave.  Cedar Grove, NJ 07009  Phone: (973) 571-2821  Fax: (973) 571-2820</p>	<p><b>Somerset</b>  Somerset County DHS  P.O. Box 3000  Somerville, NJ 08876  Phone: (908) 704-6302  Fax: (908) 704-1629</p>
<p><b>Gloucester</b>  Budd Blvd. Complex  Route 45 &amp; Budd Blvd.  P.O. Box 337  Woodbury, NJ 08096  Phone: (856) 384-6870  Fax: (856) 384-0207</p>	<p><b>Sussex</b>  Sussex Co. Administrative Complex  1 Spring St.  Newton, NJ 07860  Phone: (973) 948-6000  Fax: (973) 948-6664</p>

<p><b>Hudson</b>  Hudson County Mental Health Board  595 County Avenue, Bldg. 2  Secaucus, NJ 07094  (201) 369-5280, ext. 4250</p>	<p><b>Union</b>  Union County Admin. Bldg.  Elizabethtown Plaza  Elizabeth, NJ 07207  Phone: (908) 527-4846  Fax: (908) 558-2562</p>
<p><b>Hunterdon</b>  Department of Human Services  8 Gaunt Place  P.O. Box 2900  Flemington, NJ 08822  Phone: (908) 788-1253  Fax: (908) 806-4204</p>	<p><b>Warren</b>  Warren County DHS  Cummins Building  202 Mansfield St.  Belvidere, NJ 07823  Phone: (908) 475-6092  Fax: (908) 475-6085</p>
<p><b>Mercer</b>  Mercer Co. Division of Mental Health  640 South Broad St.  P.O. Box 8068  Trenton, NJ 08650  Phone: (609) 989-6574/6575  Fax: (609) 989-6032</p>	

## **[Additional Military and Veterans Resources](#)**

### **Department of Defense**

**[www.defenselink.mil](http://www.defenselink.mil)**

### **Federal Veterans' Preference**

**[www.opm.gov/veterans/html/vetguide.asp](http://www.opm.gov/veterans/html/vetguide.asp)**

### **Mental Health Self-Assessment Program (MHAP)**

The Mental Health Self-Assessment Program (MHAP) is a voluntary, anonymous mental health and alcohol service members affected by deployment or mobilization.

**<https://www.militarymentalhealth.org/Welcome.aspx>**

### **National Center for PTSD- U.S. Department of Veterans Affairs**

**<http://www.ptsd.va.gov/>**

### **National Suicide Prevention Lifeline**

The National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. If you need help, please dial **1-800-273-TALK (8255)**- press 1 for Veterans

### **New Jersey Department of Military and Veterans Affairs**

**[www.state.nj.us/military](http://www.state.nj.us/military)**

### **New Jersey Military and Veterans Benefits Guide**

**[www.nj.gov/military/veterans.njguide](http://www.nj.gov/military/veterans.njguide)**

### **New Jersey Veterans Helpline**

A free, confidential service available to all veterans. Call 1-866-VETS-NJ-4 or

**[www.njveteranshelpline.org](http://www.njveteranshelpline.org)**

### **Substance Abuse & Mental Health Services Administration (SAMHSA) Veterans Resources**

SAMHSA provides resources for returning veterans and their families.

**<http://www.samhsa.gov/Vets/>**

### **U.S. Veterans Affairs**

**[www.va.gov](http://www.va.gov)**

**VA Benefits Application**  
[www.vabenefits.vba.va.gov/vonapp](http://www.vabenefits.vba.va.gov/vonapp)

**VA Education Benefits**  
[www.gilbill.va.gov](http://www.gilbill.va.gov)  
(888) 442-4551

**VA Forms**  
[www.va.gov/forms](http://www.va.gov/forms)

**VA Health Benefits and Services**  
[www.va.gov/vbs/health](http://www.va.gov/vbs/health)  
(877) 222-8387

**VA Health Care Centers for Women Veterans**  
[www.va.gov/womenvet](http://www.va.gov/womenvet)

**VA Health/Medical Assistance Eligibility**  
[www.va.gov/healtheligibility](http://www.va.gov/healtheligibility)